

جامعة اللبنانية الدولية



LEBANESE INTERNATIONAL UNIVERSITY

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BIOGRAPHY

I hold both a pharmacy BS (2007) and Pharm.D. (2008) degrees from the Lebanese American University (LAU), Byblos, Lebanon. At LAU, I was a member of the distinction and honor societies. I am currently a full-time faculty member at the Lebanese International University (LIU)-School of Pharmacy (SOP), a Registered Pharmacist (RPh) in the Order of Pharmacists of Lebanon (OPL), and an American Society of Health System Pharmacists (ASHP) member. I have been a member of the Continuing Education Committee for the academic years 2013/2014, 2014/2015 and 2015/2016. I was the editor in chief of the "SOP Newsletter" for the academic year 2014/2015. I have been a member of the Academic Disintegrity Committee for the academic years 2013/2014, 2014/2015 and 2015/2016. I was the chair of the Extracurricular Activities committee for the academic year 2013/2014. During my pharmacy practices and throughout my pharmacy studies at LAU, both BS and PharmD., and later, my teaching job at LIU, I have earned experiences in clinical, hospital, and community settings, including the leading Lebanese hospitals, such as the American University of Beirut Medical Center (AUBMC) (previously known as American University Hospital (AUH)), Makassed General Hospital (MGH), Rafic Hariri University Hospital (RHUH), Zahraa University Hospital, Notre Dame De Secours, and many others. I have had trainings in internal medicine, pediatrics, intensive care unit, cardiac care unit, infectious diseases, obstetrics and gynecology, psychiatry, hospital pharmacy, community pharmacy, patient awareness and education, research skills, interactive skills and many others. My first teaching experience was during my Pharm.D. program, whereby I have practiced being an

instructor and preceptor to LAU fifth year pharmacy students. After holding my Pharm.D. degree, I have worked as a part time clinical assistant professor at the LIU-SOP during the academic year 2008-2009 and started pursuing teaching as my career. After teaching at LIU, I worked as an assistant pharmacist for a year to gain experience in the community pharmacy field. I was a PharmD preceptor for the past 3 years. Currently, I am a full time Clinical Assistant Professor at the SOP at LIU. I have held the position of Pharmacy Practice Experience I (PPE I) coordinator from 2011 till 2014. For eight years, I have earned an experience as a coordinator, course instructor, clinical pharmacy preceptor, community pharmacy preceptor, PharmD preceptor, students advisor, and many others. In addition to that, I have performed multiple other SOP-related tasks and participated in multiple committees, along with meeting with hospital directors. My role as both, a teacher and a health-care professional, has been to inspire future pharmacists to play an active, effective, ethical, and professional role in their communities. Moreover, we have a goal of spreading awareness and education to patients in particular, and to the society as a whole. Moreover, I am involved in multiple committees whether in the OPL or at LIU SOP as follows: Member of OPL Scientific committee 2016: Research Committee 2015: Organization of the OPL's 21st Pharmacist Day and OPL 23rd annual congress 2014: Organization of the OPL's 20th Pharmacist day and OPL 22nd Annual 2013: Organization of the OPL's 19th Pharmacist day and OPL 21st Annual Congress 2012: Organization of the OPL's Pharmacy and OPL 20th Annual Congress LIU SOP Scientific Committee (Member) 2015 – 2016: Organization of the 19th Congress of the Association of Pharmacy Colleges in the Arab World and the International Conference of the School of Pharmacy at the Lebanese International University Extracurricular Activities Committee Chair in 2013 and member in 2014, 2015, and 2016: Organizing all extracurricular activities for the school, annual pharmacy dinner, annual pharmacy day, a blood drive event with “Donner Sang Compter” Continuing Education Committee Member in 2014, 2015, and 2016: Provide a Continuing Education Program (CEP) for pharmacists through live conferences in collaboration with the OPL Academic Disintegrity Committee Member in 2013, 2014, 2015, and 2016: Providing academic integrity programs and policies, along with developing action plans to improve the understanding of the importance of academic honesty SOP Newsletter Editor in chief in 2014: Quarterly publication, Volume 2, Issues 1, 2, 3, 4, last issue in January 2015

RESEARCH INTERESTS

- Drug utilization review
- Guideline adherence
- Women's Health

PUBLICATIONS - CONFERENCES

- 2016** 51st ASHP Midyear meeting & Exhibition Las Vegas, Nevada, December 2016 (Pharmacological and nonpharmacological therapy among bariatric surgery patients “ Jihan Safwan, Faraj Saade, Marwan Akel, Michelle Cherfan, Katia Iskandar)
- 2016** 51st ASHP Midyear meeting & Exhibition Las Vegas, Nevada, December 2016 (Eradicating community acquired extended spectrum beta lactamase (ESBL) producing Escherichia coli using fosfomycin “ Jihan Safwan, Faraj Saade, Marwan Akel, Michelle Cherfan, Katia Iskandar)
- 2016** The International Conference of the SOP at LIU and 19th Congress of the Association of Pharmacy Colleges in the Arab World in LIU BEKAA, LEBANON, October 2016 (Prevalence of Influenza Vaccination and Attitude Towards it in the Lebanese Population “ Hanane Ismail, Mehzen Atwi, Jihan Safwan, Mohamad Iskandarani)
- 2016** The International Conference of the SOP at LIU and 19th Congress of the Association of Pharmacy Colleges in the Arab World in LIU BEKAA, LEBANON, October 2016 (Factors that Increase Medication Adherence and Quality of Life in Heart Failure Patients in Lebanon “ Mariam Marmar, Sara El Mokdad, Mohamad Iskandarani, Jihan Safwan)
- 2016** 76th FIP World Congress, Buenos Aires, Argentina, September 2016 (Interprofessional Healthcare Practice: The Lebanese International University Experience - Marwan Akel, Mohamad Rahal, Jihan Safwan, Michelle Cherfan, Mohammad Rached)
- 2016** The International Conference of the SOP at LIU and 19th Congress of the Association of Pharmacy Colleges in the Arab World in LIU BEKAA, LEBANON, October 2016 (Oral CE accredited presentation entitled: HRT: Should I or Shouldn't I?)
- 2015** 50th ASHP Midyear meeting & Exhibition New Orleans, Louisiana, December, 2015 (An Emerging Challenge to Clinicians: Multidrug Resistant Acinetobacter baumannii in Lebanese University Hospitals - Hussein Zahreddine, Jihan Safwan, Mohamad Iskandarani)
- 2015** 50th ASHP Midyear meeting & Exhibition New Orleans, Louisiana, December, 2015 (Prevalence and Risk Factors for Extended Spectrum Beta Lactamase Urinary Tract Infection in Hospitalized Adult Patients in Lebanon - Hussam Fakih, Zeinab Koubayssi, Jihan Safwan, Michelle

Cherfan)

- 2015** 50th ASHP Midyear meeting & Exhibition New Orleans, Louisiana, December, 2015 (Maternal Exposures: Influenza Immunization, Smoking, and Hypertension in Lebanese Pregnant Women - Sahar Abo Rida, Sara Alzein, Mohamad Iskandarani, Jihan Safwan)

- 2015** 50th ASHP Midyear meeting & Exhibition New Orleans, Louisiana, December, 2015 (Assessment of Gestational Diabetes, Urinary Tract Infections, and Folic Acid Intake in Lebanese Pregnant Females - Sara Alzein, Sahar Abo Rida, Mohamad Iskandarani, Hunaida Obeid, Jihan Safwan)

- 2015** 50th ASHP Midyear meeting & Exhibition New Orleans, Louisiana, December, 2015 (Evaluation of Gastrointestinal Complications in Lebanese Pregnant Females - Jihan Safwan, Sara Alzein, Sahar Abo Rida, Faraj Saade)

- 2015** OPL CE lectures, OPL Auditorium, Korniche El Naher, Beirut, Lebanon (Oral CE accredited presentation entitled:: Burn Wound Management)

- 2015** Arab Pharmacists Union Conference, Beirut Arab University, Beirut, Lebanon (Oral CE accredited presentation entitled: How Safe is Hormone Replacement Therapy?)

- 2015** Preceptor workshop, Lebanese International University, Beirut Campus, Lebanon (Oral presentation entitled: Preceptor Student Relationship)

- 2014** 49th ASHP Midyear meeting & Exhibition Anaheim, California, December, 2014 (Impact of non-pharmacological approaches and pharmacist counseling on urinary tract infections in Lebanese females - Farah Sheikh Ali, Jihan Safwan, Mohamad Iskandarani)

- 2014** 49th ASHP Midyear meeting & Exhibition Anaheim, California, December, 2014 (Evaluation of the adherence to the discharge management for secondary prevention of acute coronary syndrome in Lebanon - Hana Hamwi, Jihan Safwan, Mohamad Iskandarani, Faraj Saade)

- 2014** 49th ASHP Midyear meeting & Exhibition Anaheim, California, December, 2014 (Case Report: Dermatologic infection of lower limbs caused by pseudomonas aeruginosa - Jihan Safwan, Marwan Akel, Faraj Saade)

- 2014** 49th ASHP Midyear meeting & Exhibition Anaheim, California,

December, 2014 (Evaluation of the appropriateness of the use of albumin in a Lebanese non-teaching hospital - Katia Iskandar, Jihan Safwan, Marwan Akel)

- 2014** 49th ASHP Midyear meeting & Exhibition Anaheim, California, December, 2014 (Antibiotic consumption expressed in defined daily doses per 100 bed-days in a non-teaching Lebanese hospital - Katia Iskandar, Pierre Abi Hanna, Jihan Safwan, Marwan Akel)
- 2014** 49th ASHP Midyear meeting & Exhibition Anaheim, California, December, 2014 (Role of the pharmacist in the management of premenstrual symptoms among female Lebanese pharmacy students - Marwan Akel, Sawsan Al Hussein, Jihan Safwan)
- 2014** OPL 22nd Annual Congress, Habtoor Hotel Lebanon, October 2014 (Oral CE accredited presentation entitled: Urinary Tract Infection Treatment in Community Practice)
- 2013** 48th ASHP Midyear meeting & Exhibition Orlando, Florida, December, 2013 (Evaluation of post surgical antibiotic prophylaxis in a Lebanese hospital setting - Katia Iskandar, Marwan Akel, Jihan Safwan)
- 2013** 48th ASHP Midyear meeting & Exhibition Orlando, Florida, December, 2013 (Evaluation of the use of a proton pump inhibitor in non intensive care units at a Lebanese hospital setting - Katia Iskandar, Marwan Akel, Jihan Safwan, Laila Safi)
- 2013** 48th ASHP Midyear meeting & Exhibition Orlando, Florida, December, 2013 (Evaluation of anticoagulation prophylaxis in patients hospitalized at a Lebanese medical center - Jihan Safwan, Katia Iskandar, Marwan Akel)
- 2013** 48th ASHP Midyear meeting & Exhibition Orlando, Florida, December, 2013 (Irritable Bowel Syndrome in patients presenting to community pharmacies in Lebanon - Fida Drouby, Michelle Cherfan, Jihan Safwan, Marwan Akel, Mohamad Iskandarani)
- 2013** 48th ASHP Midyear meeting & Exhibition Orlando, Florida, December, 2013 (Motivating factors that influenced Lebanese pharmacy students to choose pharmacy as a major - Michelle Cherfan, Fida Drouby, Marwan Akel, Jihan Safwan)
- 2013** ASHP summer meeting & Exhibition Minneapolis, Minnesota, June, 2013 (Evaluation of Hemorrhoid Management in Lebanese Community Pharmacies - Marwan Akel, Jihan Safwan, Michelle Cherfan, Fida

Drouby)

- 2013** ASHP summer meeting & Exhibition Minneapolis, Minnesota, June, 2013 (Evaluation of Sleep Disturbances and Coping Strategies in Lebanese Pharmacy Students - Marwan Akel, Jihan Safwan, Michelle Cherfan, Rama Srour, Ali Baydoun)
- 2013** ASHP summer meeting & Exhibition Minneapolis, Minnesota, June, 2013 (Evaluation of the professional behaviors and attitudes of Lebanese Community Pharmacists with Respect to Vitamins and minerals - Michelle Cherfan, Fida Drouby, Marwan Akel, Jihan Safwan)
- 2013** ASHP summer meeting & Exhibition Minneapolis, Minnesota, June, 2013 (Evaluation of the Pharmacist Role in the Detection of Transcription Errors in a Lebanese Hospital - Katia Iskandar, Diana Malaeb, Jihan Safwan, Marwan Akel)
- 2013** ASHP summer meeting & Exhibition Minneapolis, Minnesota, June, 2013 (Assessment of the pharmacists' knowledge about relevant drug-food interactions in the Lebanese community pharmacy practice - Nada Nehme, Katia Iskandar, Jihan Safwan)
- 2013** ASHP summer meeting & Exhibition Minneapolis, Minnesota, June, 2013 (Level of Awareness of the Lebanese Pharmacists on the knowledge and Proper Dispensing of Prebiotics and Probiotics - Katia Iskandar, Etwal Bou Raad, Jihan Safwan, Marwan Akel)
- 2012** 47th ASHP Midyear Clinical Meeting Las Vegas, Nevada, December 2012 (A study of stress and coping strategies in Lebanese pharmacy students - Marwan Akel, Jihan Safwan, Rama Srour, Ali Baydoun)
- 2012** 47th ASHP Midyear Clinical Meeting Las Vegas, Nevada, December 2012 (Constipation management in Lebanese community pharmacies - Marwan Akel, Jihan Safwan)

PUBLICATIONS - JOURNALS

- 2017** Dabbous MK, Sakr FR, Bouraad EP, Safwan JH, Akel MG, Cherfan MM. Pain assessment and management in cancer patients. J Health Res Rev 2017;4:8-12.
- 2017** Safwan J, Hamwi H, Shamsedeen L, Sakr F, Cherfan M, Akek M, Dabbous M, Saade F. (2017) Evaluation of the Adherence to the Discharge Management for Secondary Prevention of Acute Coronary Syndrome in Lebanon. J Cardiol Clin Res 5(2): 1097.
- 2016** Sakr F, Abi Jaoude M, Dabbous M, Akel M, Cherfan M, Safwan J, Iskandarani M. Assessment of Lebanese Community Knowledge about Over the Counter Common Cold and Cough Medications. IOSR Journal of Pharmacy 2016; 6(11): 39-41.
- 2016** Akel M, Cherfan M, Safwan J, Sakr F, Dabbous M, Shamsedeen L, Alame M. An Overview of Kidney Stone Disease in Lebanon. Global J. Pharmacol. 2016; 10(4): 89-97
- 2016** Sakr F, Dabbous M, Safwan J, Akel M, Cherfan M. OVERWEIGHT AND OBESITY: YOUNG POPULATION CONCERNS IN THE LEBANESE COMMUNITY. European Journal of Pharmaceutical and Medical Research 2016; 3(12):80-4.